# Stable Home Care Price Guide



At Stable Home Care, we simplify the process of managing home care, so you can focus on what matters most - staying connected with your community and living the life you love.

Our dedicated team provides expert support to you and your family, making care seamless and stress-free. We take the time to truly understand your needs and preferences, handpicking carers who not only have the right skills and training but are also committed to forming meaningful connections. With Stable Home Care, you can trust that every aspect of your care is thoughtfully handled, ensuring your comfort and peace of mind.

Below is a breakdown of our service prices, providing you with a clear understanding of the costs involved. This transparency ensures you can see how we allocate your funding to deliver the highest level of care, while we manage the budget on your behalf to maximize the services you receive.

Service Type	<b>Weekday M-F</b> 6am–6pm	<b>Weeknights M-F</b> 6pm-6am	Saturday	Sunday	Public Holiday
	Cost per hour				
Personal care	\$115.00	\$129.00	\$173.00	\$201.00	\$230.00
General House Cleaning	\$115.00	\$129.00	\$173.00	\$201.00	\$230.00
Gardening	\$120.00	N/A	N/A	N/A	N/A
In-home respite	\$115.00	\$129.00	\$173.00	\$201.00	\$230.00
Social Support	\$115.00	\$129.00	\$173.00	\$201.00	\$230.00
Nursing	\$160.00	\$180.00	\$240.00	\$280.00	\$320.00
Occupational Therapy	\$280.00	N/A	N/A	N/A	N/A
Physiotherapy/Exercise Physio	\$210.00	N/A	N/A	N/A	N/A
Care Management	\$165.00	N/A	N/A	N/A	N/A
Podiatry	\$180.00	N/A	N/A	N/A	N/A

Valid from 1st Nov 2025\*

If you directly source a service provider (for example, by identifying, engaging or paying them yourself), a service fee of 10% of the invoiced amount will apply to cover administration and compliance costs.

# **About our Services**

#### **Personal care**

We can assist with daily tasks like grooming, bathing, dressing, continence, and medication support – helping you look and feel your best!

### **Gardening**

With a passion for gardening, we're here to lend a hand whenever you need some help for your garden. Whether it's weeding, maintaining your veggie patch, or potting new plants, we're just a call away, ready to assist you.

## **General House Cleaning**

We can support you with jobs like cleaning, laundry, changing linen and ironing, so that you have more time to do the things you enjoy.

#### In-home respite

Whether it's for a day or overnight, our in-home respite service ensures we'll be there for you, allowing you to take a well-deserved break. Rest assured, your loved one will receive attentive care, all while maintaining their usual routine.

#### Nursing

Our nursing services are personalised to meet your specific needs. From medication management to dementia support, diabetes education, wound care, continence management, and post -hospitalisation assistance, we're here to support you every step of the way.

# **Transport**

Our experience carers can assist you with transport to and from appointments and social events.



#### **Allied health**

Remaining safe at home may require some additional support. We provide a range of allied health services, delivered by a team of qualified professionals. This may include Physiotherapy, Exercise Physiology, Podiatry, Speech Pathology, Occupational Therapy and Dietitian services.

# What is a Co-Contribution?

While the Australian Government subsidises the cost of your care under Support at Home, you may be asked to make a co-contribution towards the services you receive. The percentage you are required to pay is determined by your income and assets assessment completed by Services Australia.

## This co-contribution:

- Helps cover part of the cost of your care, based on your financial situation
- Ensures the program is sustainable and fair
- Is means-tested to make sure it's affordable for everyone

#### How it works:

- If you are on a full pension, your contribution may be very low or even nil
- If you have more income or assets, you may be asked to contribute more
- The government sets a maximum annual and lifetime limit on how much you can be asked to contribute

Your specific co-contribution is calculated by the government after an income assessment, and we will always explain it clearly before you agree to any services.

# Need Help Understanding Your Co-Contribution?

Our team can guide you through the process and help you plan your support around your budget and estimate your contributions.

We are here to make home care easier, more transparent, and fully personalised to you.

Call us: 1300 857 066

Email: care@stablehomecare.com.au